

ABOUT

Preferred Health Magazine (PHM) is a staple at waiting areas in practices across the US and Canada. Most recently, PHM has also drawn the attention of those outside the medical sphere that have a keen interest in health and wellness, and have sought its articles and features as a means to keep abreast with the latest developments in said fields..

Preferred Health Magazine is among today's top health publications nationwide showcasing exclusive celebrity interviews discussing health-and-wellness-related matters. Covers have included the likes of legendary journalist, Larry King; world-renowned spiritual teacher, Deepak Chopra; America's favorite nanny, Fran Drescher; comedic actor Jamie Kennedy; Top Chef Jonathan Scinto, and notable physicians, Dr. Sergio Canavero, Dr. Kelly Powers, Dr. Robi Ludwig, and infectious disease expert, Dr. Vatsala Sastry.

PHM's trending within healthcare bringing forth a variety of topics for its readers including mental health, political issues effecting healthcare, holistic medicine, and so much more. PHM further profiles some of the most sought-after physicians in the country.

PHM sponsors top professionals at Patient Preferred Physicians & Practitioners,

an exclusive network of top physicians, nurses, and healthcare practitioners, nationwide and abroad. Five-star rated and patient-reviewed, the PPP Network is comprised of a select group of healthcare professionals to bring about the best in medicine and patient care. PPP's top-tiered members receive digital copies of PHM, and often contribute articles.



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**Celebrity Interviews,
Physician Profiles,
Today's Health Issues
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During Covid-19

W/ Author &
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PHM collaborates with today's trending podcasts:

"Making a Difference- The Melissa Billie Clark Show" which showcases celebrities, experts, top physicians, and everyday people who share their experiences, talents and heartfelt stories on the show. Air dates: Saturdays 2pm EST  <http://www.melissaclarkshow.com/>



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Talking Live With Dr. Robi Ludwig

Award-winning journalist, and noteworthy psychologist, Dr. Robi Ludwig, PsyD, hosts both a Live Show from her StarShop studios in Times Square, NYC, and online at Facebook Live. Dr. Ludwig is a regular on Nightline, CNN, Headline News and The Fox News Channel where she talks about psychological/lifestyle issues as well as the criminal mind. She also appears on national shows such as Daily Mail TV, 20/20, The Tamron Hall Show, The View, Fox and Friends, Wendy Williams, Neil Cavuto helping audiences and guests alike to understand the complexities of the human condition,



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Reading Devices:

Desktop
52%Phone
13%Tablet
35%

Income Level:

\$75K-\$99K (25%), \$100K+ (55%) \$150K+ (20%)

60% Male



40% Female

Age Range

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35+ (45%)



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